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FINAL 8 COULD COME BACK, PG 10

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HALIFAX • THURSDAY, NOVEMBER 6, 2008

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World

pg 8

U.S. reacts
to Obama's
White
House
win



Power out of reach



RYAN TAPLIN/FOR METRO HALIFAX

Denise Boulter poses for a photo at her home in Dartmouth yesterday. Boulter, who has two kids, is already struggling to make ends meet, and a power rate increase will make it even more difficult.

Disadvantaged hardest hit by 9.4 per cent hydro hike

LINDSAY JONES
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Milk is a luxury for Denise Boulter and her two kids right now. Come January, it will simply be out of reach.

That's because most Nova Scotia residents' power bills will go up 9.4 per cent on Jan. 1, 2009. The Nova Scotia Utility and Review Board approved the rate hike for Nova Scotia Power customers yesterday.

Boulter, a single mother, says she can hardly afford her power bill now and is already receiving disconnection notices.

"There's nowhere for it to come out of," she said.

"It's difficult and they've made it more difficult."

Boulter, 44, and her 10-year-old daughter and 17-year-old son live in a three-bedroom apartment in Dartmouth.

Boulter is receiving social assistance and is hoping to soon

Yearly increases

- 2000: no increase
- 2001: no increase
- 2002: three per cent
- 2003: no increase
- 2004: no increase
- 2005: 6.1 per cent
- 2006: 8.9 per cent
- 2007: 4.6 per cent
- 2008: 9.4 per cent

change that. She recently graduated from Nova Scotia Community College and is looking for a job.

"It's quite frustrating to be sitting here on assistance and be doing everything I possibly can to get off it and things are made more and more difficult all the time," she said.

Boulter says a \$9.40 increase on her bimonthly \$100 power bill will have to come out of an already scant food budget.

She dips into her personal al-

lowance, which is supposed to cover food, to afford the rent in a safe neighbourhood.

"It's like a domino effect," she says.

The province's recent \$4 personal allowance increase doesn't even cover inflation, she adds.

Stephen Cook understands all too well.

Cook, who's also on assistance and lives in a tiny Charles Street apartment, is still paying off last year's power bill and says he has "no clue" how he will be able to afford an increase in January.

He already frequents the food bank and collects returnables when his health permits.

"I just can't cut back any further," he said.

"I'm getting kind of scared."

FOR MORE COVERAGE, SEE PG 3

Reaction

"It could not come at a worse time."

— Leanne Hachey, Canadian Federation of Independent Business

"They're just trying to put small businesses out of business, that's what they're doing."

— Patricia Marks, co-owner of Mark's Greenhouse in Dartmouth

"The board has concluded that the rate increases, which result from the agreement are reasonable and justified."

— URB decision document

"No one wants to see this rate increase. I certainly don't. The government doesn't agree with it. But we have to deal with the realities of what's an arms-length process, even if we're against it."

— Premier Rodney MacDonald

"In the first half of this year they (NSP) have made \$90 million. How much is too much? That's the question."

— Stephen McNeil, provincial Liberal leader

"We recognize that any increase is challenging for customers."

— Margaret Murphy, Nova Scotia Power Inc.

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Shoreline cleanup coming Saturday

On Saturday, Clean Nova Scotia will lead volunteers in a cleanup of Lake Banook's shoreline.

The cleanup will take place from 9 a.m. to noon, rain or shine.

METRO HALIFAX



Garbage day change

Is Tuesday your regular garbage or compost day? If so, the city will collect it early, on Saturday, Nov. 8. The change is because of Remembrance Day, a statutory holiday in Nova Scotia. The Otter Lake waste disposal facility and the HRM recycling plant will also be closed on Remembrance Day.

METRO HALIFAX

Local



Patricia Marks looks through the poinsettias at Marks Greenhouse in Dartmouth yesterday afternoon. Marks says a power rate increase will definitely hurt her small business.

Power rate hike looms

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Patricia Marks has never seen her expenses so high.

She owns Marks Greenhouse in Dartmouth with her husband. With 11 greenhouses running on electricity in the summer, the 9.4 per cent hike in her power bill is going to hurt.

"I don't know when it's going to stop. They're just trying to put small businesses out of business, that's what they're doing," she said.

"We just take it one day or one year at a time."

Their electricity bill — averaged over the year — is about \$400 a month.

Rate increase will mean:

- \$10 a month more for the average small business owner
- \$9 a month more for the average household that doesn't

The new increase means she'll pay an extra \$451.20 next year.

"Between that and the oil I don't know where it's going. You look at it one day at a time," she said.

"You can't put your plants up too high with places like Wal-Mart selling them for little to nothing. It's hard to compete."

Leanne Hachey, with the Canadian Federation of Independent Business, said the increase couldn't come

- use electric heat
- \$15 a month more for the average household that uses electric heat.

at a worse time.

"The sky isn't falling but certainly bottom lines are shrinking. Add to that now an increase in costs and you really do have a not-nice combination."

Plus, because of a revenue-cost ratio, it means some businesses pay more for power than residential clients.

"Small business owners, or at least a chunk of them, continue to pay more than their fair

share."

Margaret Murphy with Nova Scotia Power Inc. said all utilities work that way. Different customer classes are charged a different amount because they fluctuate in size.

She added the board recognized it as a priority to change when next they get together.

Hachey said there is one silver lining in yesterday's announcement: the Nova Scotia Utility and Review Board will appoint an advocate solely for small businesses next time there is a rate hike application put forward.

The rate hikes are set to take effect locally on Jan. 1 2009.

9.4

At first NSP was looking at an 11.9 per cent increase, but settled on 9.3 per cent across the board. Most customers are getting 9.4 per cent.

day that NSP needs to buy a chunk of its fuel ahead of time. By Sept. 2nd, they had already purchased 76 per cent of their oil and 92 per cent of their natural gas for 2009.

"While nobody I'm sure is happy with the rate increase, or the fact there's a rate increase at all, the board has found the settle-

ment agreement to be in the public interest," Outhouse said.

Outhouse explained it wasn't a 'backroom

deal,' rather a settlement before the hearing, which is appropriate.

Over \$3 million was cut from the 'vegetation management' fund, which pays to cut trees back and avoid outages.

Graham Steele, MLA of Halifax-Fairview, said at the hearing it didn't make sense to cut in this area.

News in brief

HEALTH On Tuesday, Metro reported that about 6,500 Nova Scotians would pay more for long-term care next year. While some residents will pay more, the provincial Health De-

partment says about 500 residents will pay less for long-term care after they're reassessed in 2008-09, if their income has dropped.

METRO HALIFAX

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WHAT'S ONLINE TODAY

Watch an interview with Colin Powell on his reaction to Barack Obama's victory at metronews.ca/uselection

Read columnist Jonathan Mann for analysis of the new face of America at metronews.ca/uselection

Play online games

Cats ditched behind tires of SPCA vehicle

ANIMALS The Nova Scotia SPCA wants to find who abandoned two cats in the parking lot of a Metro Shelter in Dartmouth on Tuesday evening and placed them under a staff vehicle, which later drove over the animals with an unsuspecting staff member behind the wheel.

The young female staff

member backed over the box holding the two cats, which instantly killed one and caused severe facial injuries to the other. The surviving cat was a pregnant mother and is receiving life-saving treatment at Eastern Passage Village Veterinary Clinic.

The employee driving the vehicle was given the day off and, according to a SPCA press release, was "severely traumatized by this incident."

"The whole board of directors and staff are absolutely traumatized by the fact somebody could be so cruel to abandon an animal behind a vehicle like that," said Nova Scotia SPCA spokesperson Sean Kelly. "We're all shocked. It's horrible."

Kelly said the SPCA would love to take in all animals, but they're not equipped financially to homeowner surrenders. The first priority of Metro

SPCA shelters is to re-home animals through their mandated work of cruelty prevention and surrenders from the HRM Animal Control system.

Anyone with information about this incident is asked to call the SPCA provincial office at 835-4798. The SPCA is passing on any information it receives to a provincial investigator with the hopes of getting criminal charges laid against the person.

Halifax cops seize \$400,000 worth of pot from grow op

DRUGS Somebody's missing their munchies.

Halifax Regional Police and RCMP seized 550 marijuana plants — about \$400,000 worth — Tuesday at suppertime from a Holland Street home.

A 52-year-old Coldbrook man has been charged with cultivating marijuana and will be in court at a later date.

METRO HALIFAX

The province is looking for public input on new rules on the safe handling of fuel for things like fireplaces, furnaces, propane stoves and restaurant cooking equipment. It's proposing a green tag to show the equipment was safely installed. For more information, visit www.gov.ns.ca/lwd/buildingsafety. METRO NEWS SERVICES

Public input sought on fuel handling rules

Government blasted over ATV deal

Manufacturers agreed to buy vehicles, but not all funding has been recovered



RYAN MCFARLANE/METRO HALIFAX

PAUL MCLEOD

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The province may not get its \$230,000 back from child-sized ATVs and is now at the mercy of the ATV lobby, the opposition said yesterday.

After scrapping its controversial children's all-terrain vehicle training program this summer the province announced it had found secret buyers to pay them back for all the ATVs.

Yesterday it was revealed those buyers were

seven manufacturers of children's ATVs. They've given one payment of \$80,000 so far, but there's no signed contract or other legal document for the rest of the money.

"The government has absolutely no guarantee or security in any way that the future payments will be forthcoming," said NDP MLA Graham Steele.

"Probably the most insidious thing about the whole arrangement is the government has put itself in the position where they ... dance to the industry's tune if they want

"The government has absolutely no guarantee or security in any way that the future payments will be forthcoming."

NDP MLA Graham Steele

to get their money back in the future."

What the government does have is a written agreement with the All-Terrain Vehicle Association of Nova Scotia. The manufacturers are to pay \$75,000 to ATVANS each of the next two years and they will pass it on to the government.

Natural Resource Minister David Morse said the province has every reason to believe ATVANS and the manufacturers will honour their commitment.

"I believe those seven corporate citizens will deliver on their promise to act," said Morse.

"I certainly have the

greatest respect for people in ATVANS ... and I stand by them completely."

ATVANS president Wayne Rock said his organization will honour the agreement.

The province has already given away the vehicles, which are now owned by ATVANS. They were bought with money from Bombardier, Suzuki, Yamaha, Arctic Cat, Honda, Kawasaki and Polaris.

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Province to pay \$220K over gallery reno bid

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"The plaintiff was not treated 'fairly and equally'."

Justice Glen McDougall

COURT The province has been ordered to pay just over \$220,000 to Force Construction for not awarding it a 1997 reno-

though Force was the lowest bidder.

In a decision released yesterday, Nova Scotia Supreme Court Justice Glen McDougall said the province was wrong to ask the company whether it could guarantee, in

writing, that it would provide a specific kind of window.

The written assurances were several hours late, and the province decided to give the job to another company.

"The plaintiff was not

treated 'fairly and equally' in the bidding process. It is clear from the evidence that there was at least some predisposition within the department to deny the plaintiff the contract," wrote McDougall of his decision.

Parents recall emotional journey as two sons serve in Afghanistan

MILITARY When the phone rings, Barb Nelson tenses up and quickly prays it's not bad news from Afghanistan.

One would think Barb and husband Mike Walsh, of Truro, are used to family members being in danger. Combined, they have six family members — three sons, two daughters-in-law and a son-in-law — currently serving the country through the military.

Two of their sons, WO Michael Walsh and Cpl. Shaun Nelson, are currently serving in Afghanistan.

They were deployed from Petawawa to Afghanistan in September and are expected to return from duty in April. Shaun told his mom the news last December before official training began for the mission.

"I couldn't say anything, tears started to come. I knew it would come, I just wasn't expecting it then," said Barb.

"It's emotional. I don't think there's a parent in the world who would say they hope their child is deployed to Afghanistan. We are really proud of

them, but I don't sleep that well."

What does make the separation easier is that they communicate almost every week.

"It's no good asking questions because they can't give us any information," said Mike. "If we start thinking about bad stuff that could happen we'd be up all night and turn grey overnight, but it's still on your mind all the time."

"They talk more about the sandy air and huge spiders in their bed," added Barb.

THE TRURO DAILY NEWS

Cape Breton farmers to see Agri-Stability money soon

PAYMENTS The first interim payments as part of the federal/provincial Agri-Stability program are expected to reach Cape Breton farmers in a matter of days.

Under the federal/provincial Agricultural Policy Framework, the senior level of government picks up 60 per cent of the cost of the program.

However, because of record rainfall in August the federal government has agreed to cover up to 75 per cent of Cape Breton vegetable growers' losses.

"(Applications) are in the various stages of progress," said Michael Johnson, director of programs and business risk management division for the Department of Agriculture.

"But I expect in the case of the first couple that came that they should receive their payments in the next few days."

Currently six of an estimated 36 producers in Cape Breton that were in the Agri-Stability program have submitted interim applications, he said.

CAPE BRETON POST

Airport's departures road closed

RE-ROUTE Heading to the airport today? Make sure to leave yourself some extra time. The departures road immediately in front of the terminal building will be closed all day for paving. All airport traffic will be re-routed to the new lower arrivals road; you can get a cab or limo, or drop off and pick up passengers there.

METRO HALIFAX

Teen charged with uttering threats

JUNIOR HIGH Two youths showed up at John Martin Junior High yesterday just after lunch with bandanas on their faces, looking for another teen they were having an ongoing dispute with. Police have charged a 14-year-old with uttering threats and wearing a mask during the commission of an offence.

No one was hurt.

METRO HALIFAX

News in brief

SUCCESS The former home of Success College will be turned into an apartment building. The Town of Truro has entered into a development agreement with Joe Pinto, permitting the former school to be turned into a 10-unit apartment building. The site is located at 100 Victoria St. in a predominantly residential area. The proposal includes three one-bedroom units, four two-bedroom units and three three-bedroom units. Pinto says there's a demand for multi-unit apartments in the area. The school has been vacant since earlier this year. Until the end of August the college had advertised a planned relocation to the Victoria Court building

on Court Street. But the school president voluntarily requested the college's operating licence be rescinded.

CDP Scotiabank was recently recognized as a Carbon Disclosure Leader among Canadian companies committed to providing investor transparency on climate change risks, opportunities and strategies. The Carbon Disclosure Project (CDP) — an independent not-for-profit organization founded in 2000 — recognized Scotiabank as a leader among low-carbon impact sector companies in Canada. CDP is the largest investor coalition in the world, including more than 385 institutional investors —

40 from Canada — with a combined \$57 trillion in assets under management. Information generated by CDP is now available on Bloomberg.

SHOPPING From Dec. 12 to 23, Atlantic Superstores will extend their hours from 7 a.m. to midnight, offering customers more time to shop. With the current economic uncertainty, there's no doubt Canadians will be spending differently this year. Superstores are counting on their broad selection and in-house brands — such as President's Choice, Joe Fresh Style, PC Home Collection and no name brands — to fuel strong sales.

METRO HALIFAX

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Neighbours Frank Zlotnick, left, and Barry Cox have been trying to get Springgreen Drive near Enfield paved for years.

Residents feel at dead end over road paving

LINDSAY JONES
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An Enfield man is fed up with dealing with potholes and politics.

Barry Cox says he's been fighting with the city and the province for 10 years to improve the road conditions on Springgreen Drive and Lady Slipper Crescent.

The dirt and gravel roads are near the edge of the municipality and are owned and maintained by the province.

The province says residents can apply to get their road paved through a program that pays 50 per cent of the costs. Residents would have to pay the other half.

Cox and his neighbours opted not to go that route because it would cost \$10,000 to \$30,000 per home.

"That's just too much," Cox said.

"It's pretty much forcing

"It's pretty much forcing residents to agree to a program we can't afford — or continuously have vehicle damage."

Barry Cox

residents to agree to a program we can't afford — or continuously have vehicle damage."

He says nearby Perrin Drive was double chip sealed, a hard surface alternative to paving, at no cost to residents.

Transportation and Infrastructure Renewal Department spokeswoman Cathy MacIsaac said that's because the road was a heavily-travelled, four-kilometre gravel gap connecting a paved subdivision to Highway 118.

When the road was done there weren't many residents so it would've been

challenging for them to foot the bill, she added.

Cox wants the same thing, but the province and city say the cost-sharing program is the only option.

"They're not going to get any money from the municipality to pave the road and that's due to the fact that the road is provincially owned and maintained," HRM senior design engineer Jeff Stairs said.

Cox feels stuck between two government bodies that are blaming each other for not doing anything.

He says Enfield's tax base has jumped from \$1.7 million to \$4.8 million in the past five years, but residents aren't getting anything in return.

NDP MLA Percy Paris said the two roads, which he says he's seen in "terrible shape," have always been on his annual wish list he gives the province, but the province has deemed them adequate.

Chairman's tax appeal over mileage dismissed

The Nova Scotia Liquor Corp. chairman lost an appeal in federal tax court over his mileage claims.

Peter McCrea didn't include over \$5,000 in mileage payments as income between 2002 and 2004 taxation years because he considered them as reimbursement of expenses.

But the Canada Revenue Agency said they were income. McCrea appealed the decision to the federal tax court last month.

METRO HALIFAX

METRO HALIFAX

News in brief

LIVERPOOL A long time empty 'Thorne' in the side of Liverpool should be filled in the near future. Walt MacDonald of Walt MacDonald Real Estate in Liverpool says the sale of the former Thorne's Hardware building and its 6,800 square feet of space on Main St., is expected to close in December. He adds it will be a mixed-use commercial building. The former hardware store has been empty over a decade. Another once empty retail space, the former SAAN building, is being readied to open on November 7 as The Bargain! Shop.

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The mother of five-year-old Phoenix Sinclair and the mother's boyfriend abused the girl before killing her, covering up the death and applying for child welfare in the girl's name, Crown attorney Rick Saull told a Winnipeg court yesterday. Samantha Kematch and Karl MacKay have pleaded not guilty to first-degree murder. **CBC NEWS ONLINE**

Canada

News in brief

ONTARIO A body found northeast of Barrie, Ont., is believed to be that of Brandon Crisp. The 15-year-old ran away from home on Oct. 13 after his parents took his Xbox. There had been a \$50,000 reward for information on his whereabouts.

AFGHANISTAN Barack Obama has pledged to send more troops to Afghanistan, but his election won't change Canada's decision to pull out of that country by 2011. Foreign Affairs Minister Lawrence Cannon says, CBC News Online reports.

ACQUITTED A Markham, Ont., couple charged with faking university degrees and government documents was acquitted yesterday after a judge ruled police violated their rights by entering their house without a warrant.

METRO NEWS SERVICES



Poppy options grow

Poppy stickers, introduced last year by the Royal Canadian Legion as an alternative to the traditional lapel pin in the lead up to Remembrance Day, are catching on with the elderly, the young and food service workers. The stickers, the Legion says, are not meant to replace the pin, just to provide an alternative.

CBC NEWS ONLINE



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MATTHEW BELANGER/REUTERS

Quebec Premier Jean Charest smiles with his wife Michele Dionne after calling a provincial election in Quebec City, yesterday. Quebecers will vote on December 8.

Quebecers head to polls again

Charest calls second election in under two years

The Liberal premier of Quebec yesterday called an election for Dec. 8, which looks set to deal a fresh blow to separatists seeking independence for the predominantly French-speaking province.

Jean Charest, whose party only controls a fragile minority of seats in the provincial parliament, says he needs a strong hand to deal with the financial slowdown that is hurting the province of 7.5 million.

Charest won a majority

in the 2003 election, but barely hung on to power in the next election in March 2007.

Polls show the Liberals are likely to make major gains at the expense of the right-leaning Action démocratique du Québec and will also take seats from the separatist Parti Québécois.

Charest said neither opposition party was interested in working with the Liberals.

"Quebecers know very well that a minority gov-

ernment is an unstable government. Quebecers also know that you can't have three pairs of hands on the rudder during a storm," he told a televised news conference.

"I am firmly convinced that you need political stability to have economic prosperity. While this co-habitation (with the other parties) can work during a period of growth, it is a foolish risk during a period of uncertainty," he said.

REUTERS

NAFTA likely OK: Day

Canada believes the new U.S. administration will appreciate the "very positive" benefits of the North American Free Trade Agreement and will want it to continue despite President-elect Barack Obama's concerns about the pact, Trade Minister Stockwell Day said yesterday.

During the election campaign, Obama said he wanted to work with Canada and Mexico to strengthen NAFTA's labor and environmental protections.

His comments prompted fears that he might be seeking major changes to an agreement that has benefit-

ed Canada, which sends 75 per cent of its exports to the United States and is the largest supplier of energy.

"I believe the incoming administration will have an appreciation for the very positive effects of NAFTA on both countries. Millions of Americans' jobs depend on the trade that they have with us," Day told Reuters in an interview.

"In a time of economic uncertainty globally, I believe the new administration will be sensitive to the fact that they don't want to hurt their own people."

"Millions of Americans' jobs depend on the trade that they have with us."

Movie-murder case set to begin in three weeks

EDMONTON A filmmaker accused of acting out a murder pulled from his recently-penned thriller will wait another three weeks before entering a courtroom.

That will allow authorities enough time to give defence lawyers for Mark Twitchell, facing a charge of first-degree murder, a "massive" amount of disclosure evidence, Crown Prosecutor Avril Herron said yesterday.

Twitchell, 29, did not appear in court yesterday morning as scheduled, but represented by a law student appearing on behalf of his lawyer, David Cunningham.

VICTORIA HANDSIDES/METRO CANADA

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Comment & Views

Comment

White House of horrors

Will Obama overcome the monster list of challenges?

Home & Abroad



Andrew Cohen

Canada & world insight

Halloween has come and gone, but according to Newsweek, the venerable weekly magazine, there are horrors aplenty awaiting the unflappable Barack Obama on his first day in the White House.

"Nightmare on Pennsylvania Avenue," screams its headline over a dark, forbidding cover. "Scary challenges facing the new president"

Inside, the sadistic editors offer a mirthless primer on the huge challenges facing the country's new president. The list is sobering. Frightening, really.

Although his campaign rhetoric was never pessimistic ... Mr. Obama knew the dangers. Indeed, he signaled the magnitude of the challenge in his lyrical victory speech Tuesday night.

It is hard to know when a president has inherited a malaise worse than what Obama will face on January 20, 2009. On that day, he will stand on the steps of the United States Capitol, take the oath of office, and claim the prize that he has pursued with such single-mindedness for the last 21 feverish months.

While he is the most level-headed of people, a model of equanimity, Mr. Obama may permit himself a moment of pause, doubt, or even buyer's regret. He might also ask a few honest questions.

Is this presidency not a diminished prize? A poisoned chalice? Do I really want this?

Am I not being set up to fail, a placeholder for a triumphant Republican in 2012?

Perhaps, but unlikely. And although his campaign rhetoric was never pessimistic — dour folks are not elected in America and dour presidents (like Jimmy Carter) are not re-elected — Mr. Obama knew the dangers. Indeed, he signaled the magnitude of the challenge in his lyrical victory speech Tuesday night.

At home, the economy is in its worst crisis since the Great Depression. The markets are still falling. Americans are still losing their jobs and their homes.

Most telling, they have lost confidence in their fi-

nancial system. The deficit could reach US\$1 trillion next year and the national debt \$10 trillion.

Abroad, America is fighting in Iraq, where things are improving, and in Afghanistan, where they are not. Oil isn't US\$150 a barrel anymore, but nor is it the \$23 a barrel it was when George W. Bush took office in 2001.

The war on terrorism continues. The world gets warmer. Peace in the Middle East remains elusive. Iran and North Korea rattle their nuclear sabers. Russia is dangerously expansionist.

And yet, in adversity, opportunity. The best presidents — such as Abraham Lincoln and Franklin Roosevelt — arrived in times of crisis and succeeded brilliantly.

For President Obama, that should be of some comfort in January.

Andrew Cohen, a professor and journalist, is the author of *Extraordinary Canadians: Lester B. Pearson*.



Letters

Kathy Murphy, president, CENTRE FOR ENTREPRENEURSHIP EDUCATION & DEVELOPMENT

In this time of economic crisis, strategies for success are more important for small business than ever.

Recently, CEED (Centre for Entrepreneurship Education & Development) hosted the launch of Small Business Week with keynote speaker, Arlene Dickinson, CEO of Venture Communications Ltd. and one of Canada's leading female success stories. Of particular interest to me was her emphasis on one's level of confidence as being essential to success. Her advice on the basics for

the small business operator was as simple as "discipline, common sense and the ability to know you can do great things."

To this end, a correlation between confident business leaders, and their ability to impact a community's capacity resonated. A responsibility to foster a strong sense of self in others is more and more becoming a factor for success.

CEED is involved with new business owners on a daily basis. The ones that go beyond simply making money and get involved in their community realize that the true measure of success is in the strength they help to cultivate.

Views

Obama's election brings thrill of hope

By KENYA HUNT

What does having a black president mean to me? After a year of combing through Barack Obama and John McCain's plans for change and finally casting my vote, I reached a point this week when I had to confront the reality of race.

My earliest memory of race took place when I was five years old in my mostly white kindergarten class in Virginia.

It was lunchtime and I offered up my Fruit Roll-up in exchange for my best friend's cookie as part of our daily snack swap ritual. "My mom told me I'm not allowed to swap snacks with you because you're black," she told me.

"But I'm not black, I'm brown," I replied.

Later that day, my parents, who grew up during the days of segregation, explained to me the meaning of discrimination and how



Kenya Hunt

to rise above it.

The second memory took place a year later, when a kid in my neighborhood called me the "N" word. I responded by knocking him down with a punch (not exactly what my parents meant by rising above racism, mind you). It was the first and only physical fight I've ever engaged in.

During my days in high school when one over-achieving friend or another boasted aspirations of

being the first black president, he or she would inevitably be greeted with a 'Negro please, that would never happen' from classmates.

These experiences helped shape me and my perception of my home state and country.

So when the realization set in last night that not only will America have its first black president, but that my home state, the former capital of the pro-slavery Confederacy and a place that outlawed interracial marriage as recently as 1967, would play a pivotal role in the election, my racialized cynicism softened and I began to believe that it was possible for Americans to evolve beyond our divided past.

This happens in the same year that Lewis Hamilton became the first black Formula One champion, Tiger Woods won his 14th US Open championship and the fashion

world opened up its overwhelmingly white runways to black models. The climate of change is palpable across the world.

I'm not naive enough to believe that Obama will perform miracles or that his win will mean that we'll all hold hands and live as a harmonious unit. But I do believe we're that much closer to a day when we can accept and embrace one another's racial differences for what they are. And that hope is thrilling.

London-based Kenya Hunt is the Global Style editor for Metro World News.

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Do it daily.

Finland has rated the DVD release of the much-loved children's television series Little House on the Prairie suitable for adult viewing only. To save money, Universal Pictures decided not to submit the series to state inspection, a company spokesperson said yesterday. **REUTERS**

World/Business

3 states ban same-sex marriage

LAW California and two other states voted in Tuesday's elections to ban same-sex marriage, overturning a right given to gays and lesbians in the liberal, trend-setting state just months ago in state court.

Voters in Florida and Arizona joined California in banning same-sex marriages, adding to the list of dozens of states with similar laws.

In an indication of the complex cultural map drawn Tuesday, voters also rejected limits on abortion in South Dakota and Colorado. In Michigan voted to allow medical use of marijuana.

REUTERS

Mixed emotions

Obama win spurs multitude of reactions

Americans woke with joy, cautious optimism and frank worry yesterday after the historic win by Democrat Barack Obama, who went from long shot to president-elect on the promise of change.

Just hours after Obama's victory speech to thousands of cheering supporters in Chicago, ordinary Americans headed to work clutching coffees and carrying newspapers that proclaimed Obama's place in history as the first black U.S. president.

"I'm excited. It's a huge step in the right direction," nurse Kim Andrews said as she headed to her hospital

job in Cincinnati's dawn.

Obama rode a wave of voter discontent to triumph over Republican John McCain, while his fellow Democrats won increased majorities in Congress..

Andrews, 23, said she cried as she watched Obama's victory on television late Tuesday night, amazed that America had taken such a great step in its long and troubled racial history.

"It shows that anyone can do anything," Andrews said.

But some Republicans expressed disappointment with Obama's win and resentment of the media for a perceived pro-Obama bias during the long and often

bitter campaign.

"My biggest concern is that we're going to pull out of Iraq too quickly, and pay more taxes ... He's got great advisers in Colin Powell and Warren Buffett, and he's going to need them," said Scottsdale, Ariz., coffee shop worker Patti Sutton.

Some voters also worried Obama's win could stir up racist resentment, possibly even threatening his safety.

"It's a great thing but a scary thing," said Cincinnati nurse Natasha Johnson, 28. "There have already been two failed assassination plots ... there are still a lot of people who don't agree with this."

REUTERS

News in brief

DEATH Best-selling U.S. author Michael Crichton, who wrote The Andromeda Strain and Jurassic Park and created TV drama ER, has died unexpectedly of cancer at age 66.

VIOLENCE Hamas fired dozens of rockets at Israel yesterday after Israeli forces killed six Palestinian militants, disrupting a four-month truce along the Gaza Strip's frontier. **REUTERS**

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Hanoi Deadly flooding



A man carries his girlfriend on his shoulders along a flooded street in Hanoi. More than 40,000 people were evacuated from inundated areas of Hanoi yesterday. The death toll from a week of heavy rains and floods rose to 20, the government said.

Gesture, warning from Russia

POLITICS Russian President Dmitry Medvedev voiced hope yesterday for better relations with the new U.S. president, but also presented him with a headache by vowing retaliation for a U.S. missile defence plan.

Many in Russia have been cautiously hopeful for an improvement in Washington's relations with Moscow under Barack Obama, who they believe

will take a fresh approach.

"I would like to stress: we have no problems with the American people. We have no innate anti-Americanism," Medvedev said in his annual address to parliament.

"We hope that our partners — the new U.S. administration — will make a choice in favour of fully-fledged relations with Russia," Medvedev said. **REUTERS**

Business

Waterside developer up for commerce award

AWARDS The developer behind a controversial downtown office building proposal is one of the nominees for the Halifax Chamber of Commerce's business awards.

Ben McCrea, whose Waterside Centre was turned down by council last month, is up for businessperson of the year, along with Jamie Baillie of Credit Union Atlantic, Ray Ritcey of Heritage Gas, and Scott Travers of Minas Basin Pulp and Power.

To the right are more of the nominees. **METRO HALIFAX**

New Business of the Year

- BlueBio Green Solutions
- Dartmouth Crossing
- Healthful Homes Realty
- Moxi Creative
- Second Source Power

Small Business of the Year

- Certainly Cinnamon
- Hamachi Group
- Internetworking Atlantic
- Moda by Ozlem
- Woozles

Business of the Year

- Bluewave Energy
- Extreme Group
- Jacques Whitford
- O'Regans
- Southwest Properties

The Brick faces a cold Christmas

SHOPPING In another sign consumer confidence is weakening, one of Canada's largest furniture, mattress and consumer electronics retailers slashed its monthly distributions to unit holders to save cash.

The Brick Income Fund, which owns The Brick, also said it plans to run more aggressive holiday sales promotions to win back sales.

Fears that next year will be much worse have prompted the retailer to delay some store openings.

The retailer surprised the market by announcing it would cut its monthly distribution to five cents per unit from 10 cents.

TORSTAR NEWS SERVICE

In brief

MEDIA Canadian newspapers have avoided U.S.-style waves of layoffs and major restructurings, but signs of a downturn are starting to show. Television and newspaper advertising is falling, and already flat revenues are declining at Toronto's competitive papers.

MARKETS U.S. stocks plummeted yesterday as reports showed deep cuts in private employment and the services sector shrank, underscoring the challenges awaiting Barack Obama's new administration. The Dow slid 486.01, or 5.05 per cent, to 9,139.27.

CRISIS Lehman Brothers held off requests by creditors seeking to regain access to more than \$300 million worth of assets, buying time for the collapsed bank to wind down its business.

REUTERS

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Maddux wins 18th Gold Glove

Los Angeles Dodgers pitcher Greg Maddux added to his record with his 18th Gold Glove yesterday. Rawlings has presented Gold Gloves for fielding excellence annually since 1957. **METRO NEWS SERVICES**

Sports

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Lewis goes back to roots

Ex-champ helping boost sport in Jamaica, enters Canadian Sports Hall of Fame

Lennox Lewis has always been international. The former undisputed heavyweight champion spent his childhood in England, won gold for Canada in the 1988 Olympics and now lives in Miami.

Five years after retiring from the ring Lewis now thinks its time to rebuild amateur boxing in the place where his roots run the deepest.

Jamaica.

Since springtime, Lewis, who was inducted into the Canadian Sports Hall of Fame last night, has spent three months on the island where his parents grew up, working with amateur boxing officials to rebuild the sport's infrastructure.

Lewis, 43, hopes to accomplish two goals in Jamaica.

First, he hopes to ensure that each of the island's 14 parishes is represented in the national boxing championships each year. And second, he wants to inspire the country's young people the same way sprinters like Usain Bolt and Shelly-Ann Fraser have.

"At one time there were (pros like) Mike McCallum and Shrimpy Clarke, but then there's like a lost generation," he says. "We've got the fastest man, fastest woman in the world. There's no reason why we can't have the best boxer."

NHLPA files unfair labour charge

HOCKEY The NHL Players Association filed an unfair labour practice charge with the U.S. National Labor Relations Board Tuesday regarding negotiations with clubs over European player releases. The latest move by the union followed notification that it lost a grievance challenging the NHL's institution of defected player status on drafted and unsigned European players.

In the last collective bargaining agreement between the NHL and the players' association, the union fought for European players to have the same rights as their North American counterparts.

METRO NEWS SERVICES



Romo practices

Dallas Cowboys quarterback Tony Romo was back on the practice field yesterday, taking snaps and throwing with a splint on his hand. He remains optimistic about returning for Dallas' next game, a week from Sunday at Washington. **METRO NEWS SERVICES**

Lewis will become the 17th boxer to reach the hall, joining Tommy Burns, the only other Canadian fighter to win the heavyweight crown, and Toronto's George Chuvalo, who twice went the distance with Muhammad Ali.

He's one of seven Hall of Fame inductees who will be honoured. Other inductees include the 4x100 metre relay team that won gold at the 1996 Olympics and longtime Detroit Red Wings captain Steve Yzerman.

Nine months after winning Olympic gold, Lewis, who spent his adolescence in Kitchener, moved back to England to turn professional. His pro career spanned 14 years, 44 bouts and a career-defining knockout win over Mike Tyson, but included only one fight in Canada — a fifth-round knockout in his sixth pro bout.

After spending so little of his pro ca-

reer here, Lewis sees the irony in his enshrinement in the Canadian hall of fame, but says the sluggish state of Canadian pro boxing in the late 1980s forced him back to England.

In that aspect Lewis likens himself to Wayne Gretzky — a national hero north of the border who gained international fame only when he conquered bigger markets abroad.

"He had to go away. To get to where he wanted to get to that's what he had to do," Lewis said.

"I would

have had to go to America anyway. I just chose England because I have roots there ... Even though my success story is coming from different countries it's everybody's success story."

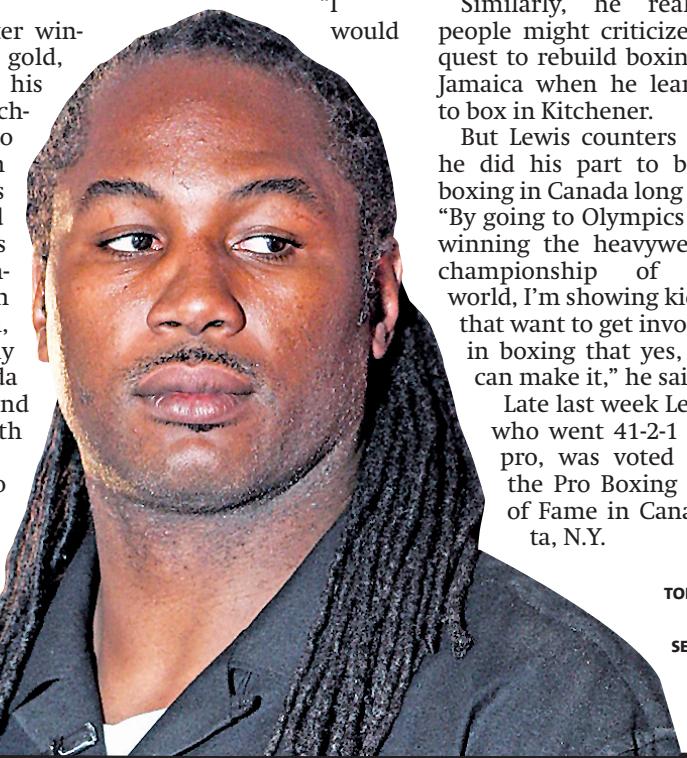
Similarly, he realizes people might criticize his quest to rebuild boxing in Jamaica when he learned to box in Kitchener.

But Lewis counters that he did his part to boost boxing in Canada long ago. "By going to Olympics and winning the heavyweight championship of the world, I'm showing kids ... that want to get involved in boxing that yes, you can make it," he said.

Late last week Lewis, who went 41-2-1 as a pro, was voted into the Pro Boxing Hall of Fame in Canastota, N.Y.

**TORSTAR
NEWS
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Lewis was inducted into the Canadian Sports Hall of Fame last night.



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Lower Sackville's James Sheppard told the Minnesota Star-Tribune yesterday he's "never been kissed by a dude." The Minnesota Wild forward was responding to questions after being smooched on a "Kiss Cam" by teammate Stephane Veilleux. "I couldn't believe he did it," Sheppard said. METRO NEWS SERVICES

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Final 8 looks headed back to Halifax

MATTHEW WUEST
matthew.wuest@metronews.ca

Halifax is a rubber stamp away from winning back the Canadian Interuniversity Sport men's basketball championship.

Atlantic University Sport was the only prospective host to submit a bid for the Final 8 in 2011 and 2012, the CIS announced yesterday.

The AUS hosted the event at the Metro Centre for 24 straight years before a three-year bid from Carleton University in Ottawa wrenched it away this past March.

The selection committee will review the bid to make sure it's up to snuff, but that is little more than a formality. The final decision will be announced first thing next month.

"It's looking very positive that the tournament will return to Halifax," said CIS chief executive officer Marg McGregor. "But it's not automatic, it's not, 'You're the only bid, you got it.' There's a review, and a determination is made."

AUS executive director Phil Currie said he "wasn't surprised" others didn't step up to the plate because Carleton reported a financial loss at the annual CIS meetings.

Last time around, bids were filed from the AUS, Carleton, McMaster and British Columbia.

"It's telltale in terms of how difficult this event is to run if you don't have the experience to run it,"



Atlantic University Sport

Currie said. "I think that's what the country's telling the CIS (with no other bids). It's not as easy to host this event as it sounds."

Currie said the bid he submitted is comparable to the one he entered last time around. He said the CIS dropped its required financial guarantee from the \$200,000 that Carleton fronted down to a more reasonable \$130,000.

The fact that Halifax will get a belated 25th anniversary for the Final 8 is great news for everyone, Currie said. "I don't know if anyone would say this nationally, but it wasn't the event in Ottawa it is in Halifax," Currie said. "We're excited about being able to bring it back to the fans and volunteers who have built this over a 24-year period."

Dal submits bid for '11 and '12 CIS hockey

Dalhousie has submitted a bid to bring the Canadian Interuniversity Sport men's hockey championship to Halifax for the first time in tournament history. The school has partnered with Events Halifax and hopes to host the 2011 and 2012 events at the Metro Centre.

As part of the bid, a pre-sale ticket campaign will be launched on Nov. 12 featuring early-bird pricing for seven-game packages. The University of New Brunswick, which hosted the event in 2003 and 2004, is the only other bidder.

Sports in brief

BASKETBALL The Halifax Rainmen are hosting an open tryout on Monday, Dec. 1, at 6 p.m. at Citadel High School. The Rainmen, a second-year pro team that will make its debut in the Premier Basketball League in January, have two players signed and are looking to round out their roster.

SOCCER Dalhousie Tigers defender Jeanette Huck has been named a Canadian Interuniversity Sport second-team all-Canadian in women's soccer. The third-year Halifax native scored twice and helped Dalhousie to a third-place finish this season.

METRO NEWS SERVICES

Piette learning on the fly

Mooseheads centre goes from bench to one of team's top players

MATTHEW WUEST
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Alexis Piette found out the hard way there's a small margin for error when you're rookie in the QMJHL.

But after playing his way into the press box with a couple of sub-par games, the Halifax Mooseheads' centre has emerged as one of the team's most dangerous offensive threats. The 6-foot-3, 200-pounder is on a three-game scoring streak since being scratched and currently leads the offensively-starved Mooseheads with six goals in 16 games.

"I thought after a game I'd be back in the lineup," said Piette, who admitted his play wasn't up to snuff. "When I sat two games, I was beginning to ask myself questions."

"But the next week, I practised hard and I came back in a regular spot. I've been having good results since." Piette's offensive contributions have helped the Mooseheads play some of their best hockey all season, as they have won two of three games heading into tonight's 7 p.m. clash with the Cape Breton Screaming Eagles at the Metro Centre.

Mooseheads head coach Cam Russell said Piette was scratched because he had been inconsistent and was taking lazy holding penalties when he wasn't moving his feet. "He responded the right way," Russell said. "We sat him, skated him, and he came back with a vengeance and he's proving to us he deserves to be in the lineup every night." Piette, whose 58.5 percent faceoff rate is one of the best in the Q, is skating on a line with



Piette leads the Mooseheads with six goals.

spunky rookie Gabriel Desjardins and 19-year-old Linden Bahm. The Repentigny, Que., native said the possibility of being scratched again sits in the back of his mind — and motivates him when he hits the ice. "As a rookie, you don't want to screw up

in back-to-back games," Piette said. "It's a tight margin for error."

At age 18, the former ninth-round pick has two more seasons of junior eligibility left and is showing signs of becoming an important part of the Mooseheads' future. "It's too

soon to tell how things will end up ... But I'm pretty happy with how things are going, for now."

 For additional Mooseheads coverage, visit Matthew Wuest's Q Files blog at metronews.ca/qfiles

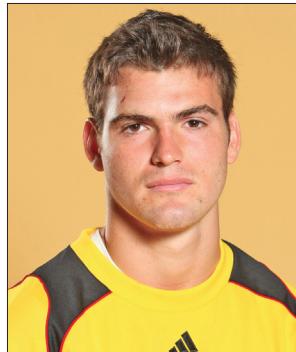
Dalhousie Tigers eye soccer title

MATTHEW WUEST
matthew.wuest@metronews.ca

AUS The Dalhousie Tigers will pursue a Canadian Interuniversity Sport men's soccer championship today in Ottawa.

The Tigers, who won the Atlantic University Sport title on Sunday a year after a one-win, last-place season, face the Montreal Carabins in the quarterfinals today at 12:30 p.m.

An AUS team hasn't



Tigers goaltender Ben Ur.

won a national title since the Tigers pulled it off in

Trois-Rivieres, Quebec, in 1995.

"I know it's a national event and AUS teams aren't supposed to do well, but the players we have are confident and we have some really good talent," said Tigers goalkeeper Ben Ur, who was named CIS male athlete of the week yesterday.

"We're focusing on winning one game at a time."

The tournament concludes on Sunday.

Huskies dominate all-star team

AUS Nine members of the Saint Mary's Huskies were named AUS football all-stars yesterday. Running back Allistair Blair; linemen Thomas Elinsky and Bryan Jordan; and punter/kicker Justin Palardy earned offensive nods. On the other side of the ball, tackle Dan Schutte, defensive end Karl McCartney, defensive back Joel Lepinski and cornerback Jeff Zelinski were all recognized from the Huskies. Halifax's James Green of St. Francis Xavier picked up an offensive spot at running back.

Metro Homes



Sustainable style

For a primer on how to make anything old new again, check out *The Salvage Studio* by Amy Duncan, Beth Evans-Ramos and Lisa Hilderbrand, available for \$18.20 at chapters.indigo.ca.

METRO NEWS SERVICES

In search of a suitably Bondlike pad

Becoming Bond

Rick McGinnis

rick.mcginnis@metronews.ca

We only glimpse James Bond's home twice in over twenty movies. As briefly revealed in *Dr. No* and *Live And Let Die*, they're predictably masculine places, full of wood and antiques and nautical prints on the walls. They're tidy — one suspects an MI6-vetted maid service is employed — and almost anonymous, except for one comic episode.

In *Live And Let Die*, the 1973 film that introduced Roger Moore's lighthearted Bond, the secret agent's boss unexpectedly arrives at his door early one morn-



Metro writer Rick McGinnis, at the presentation centre of a pricey condo building, is hard at work researching a feature on where James Bond would live.

ing, and after hiding the pretty Italian colleague Bond has spent the night with, he takes M into his kitchen. It's a groovy '70s addition to Bond's pad, all dark wood and tile, where pride of place is given to an elaborate coffee maker and

grinder. (Like his creator Ian Fleming, Bond famously hates tea.) There's a showy ritual of preparing a cup, after which M raises an eyebrow and blusters "Is that all it does?"

Clearly, the seeds of the metrosexual Bond were

planted years before Pierce Brosnan took over the role.

My hunt for a suitably Bondlike pad takes me through a series of showrooms and presentation suites. I'm looking for a combination of luxury and discretion — it's hard to imagine Bond settling for some rented flat, and a tidy little townhouse in some neighbourhood thick with strollers and minivans is completely out of the question. I head to a venerable and wealthy enclave, where two pricey prospects seem to fit the bill.

Both condo buildings offer the sorts of amenities Bond would demand — valet parking and 24-hour concierge, pools and steam rooms to help mend his wounds, and private elevator access.

The interiors for both buildings are by ubiquitous Brian Gluckstein, but I feel one of them comes closer

to the Bond standard.

Since any place Bond would live is nothing more than a pied a terre, he could get by with the one bedroom with the den for just \$1.2 million, which includes two parking spaces — one for the Aston Martin and one for the Bentley. Add condo fees of between \$1,000 to \$2,000 a month, and property taxes starting at \$12,000 a year, and you'd better hope Bond can expense everything from the dinner jackets to the Dom Perignon.

Ultimately, though, the character of Bond lives more fully in hotels than any mere mailing address, so I head to a presentation suite for the Four Seasons Residences.

It's another Gluckstein design — his name has a Blofeld-like persistency in the condo world — but it's far more expansive and epic, with big graphic

touches and the slick finishes that bring to mind Ken Adams' sets for films like *Dr. No*, *Goldfinger* and *The Spy Who Loved Me*.

Adams' theatrical modernity sets the tone for most of the condo presentation centres I visit, which feature glossy white-on-white rooms, and buildings set on improbable cantilevers next to starkly planted stands of trees on perfectly manicured little hillocks.

"Ken Adams has a lot to answer for, doesn't he?" notes Michael G. Wilson, stepson of Cubby Broccoli, and producer with his sister Barbara of the current Bond franchises.

As much as Bond might have persisted through the decades as a hero, it's the Bond villain aesthetic, with its stark, expensive-looking surfaces and conspicuously-placed hunks of art, that seems to have triumphed in the world of interior design.

How do you know whether a trend's got staying power?

HomeScape

Sylvia Putz

sputz@arrestingdesign.com

Home decor trends come and go, but how can you tell what's a stinker and what works? Well, there's no quick answer. But one thing is clear: the worst approach you can take is to run madly after the latest just because it is the latest.

For a start, what pleases your eye in home decor

accessories.

For example, a snazzy backless bar stool may look great in a magazine, but it will not encourage guests to linger around your kitchen, especially if their backs are no longer young and springy.

Or say you've shelled out for a cool new table lamp with a very unusual and exciting look. But once you go to use it, oh my — find

ing the switch requires the dexterity of a mechanic changing the oil filter in the deep dark recesses of a Japanese car.

The bottom line is that you must try out the product. Turn switches off and on, sit on the chair, lie on the chaise. Even if you take off your shoes, you may have to endure the disapproving looks of the clerk, but you won't be sorry in the end.

Let's be frank. Some trends aren't functional, some are just plain ridiculous, and some won't work in the type of home you have. For example, an

arching floor lamp in stainless steel may not work well in a traditionally decorated home.

Some people (like my dad) will repeat endlessly, "Why should I redecorate my house? It's just a way to create a market for new products when there's no need."

Well, yes. Some trends do encourage unnecessary consumption. And redecorating to keep up with the Joneses is not, in my view, a legitimate reason to consume. Sorry.

The problem arises in the definition of "need." Some people (like dear old

dad) don't consider a threadbare sofa to be a decor problem.

I may be my father's daughter in some ways, but I draw the line at the sofa. I've always believed that a change in decor when things start looking tired or tatty can breathe new life into your surroundings.

While too much change serves no purpose, no change at all will turn you and your home into a relic — and you don't want that.

Sylvia Putz is a journalist with an interest in home decor and design. She has written extensively for the TV show *Arresting Design*.



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Trim any bruised or damaged leaves. If the length is too much for your crisper drawer cut a few inches off the coarse tops. Loosely wrap leeks in a plastic bag for up to one week in the refrigerator. METRO NEWS SERVICES

Food

"Avoid limp leeks, as well as those with cracks or swollen bulbs or dried-out and faded leaves. Rounded bulb bottoms may indicate old age, so look for flat bottoms."

Barb Holland/for Metro Canada



Thickness

Choose leeks by the length of their whites and small to medium thickness, as really large leeks can be woody.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Give leeks a chance

À la carte

Barb Holland

Metro Food Writer

Often bypassed or relegated to the soup pot, leeks, the mild member of the onion family, resemble overgrown green onions. The fall and winter months are peak months for leeks. The white part, which grows underground, is more tender and adds a subtle and sweeter onion flavour. The green ends are usually cut off at the point where

they separate from the bulb and are good in broths, stocks or soups.

Don't just limit leeks to soup; try them in sauces, stir-frys, stews, casseroles, braised in butter, brushed with olive oil and grilled, or in this simple salad.

Leeks in Basil Vinaigrette with Asiago

This appetizer salad can be made about one-hour before serving. Makes four servings.

INGREDIENTS:

- 1 tsp (5 mL) Dijon mustard
- 1 tsp (5 mL) honey
- 1 tsp (5 mL) dried basil leaves
- 1/2 tsp (2 mL) salt
- 1/4 tsp (1 mL) pepper
- 2 tbsp (30 mL) white



Don't overcook leeks, as they tend to get too soft.

wine vinegar

- 1/3 cup (75 mL) olive oil
- 8 medium leeks
- 1 clove garlic, minced
- 1 small red pepper, diced
- Shaved slices Asiago cheese

METHOD:

In small bowl, whisk mustard, honey, vinegar, salt, basil and pepper. Slowly whisk in oil until smooth. Set aside.

Cut off root end and tough green tops of leeks, leaving about one inch (2.5 cm) of pale green. Cut in half lengthwise and wash well. Place in a wide saucepan; add garlic and

just cover with water. Bring to a boil, reduce heat and cook until tender-crisp, about two minutes. Drain, chill under cold water. Drain well and place in shallow dish. Sprinkle red pepper over leeks, pour vinaigrette over all, gently shaking dish to coat. Let stand at room temperature up to one hour.

To serve, spoon leeks, red pepper and vinaigrette onto serving plates. Garnish each with Asiago cheese.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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Canadian Living recipe of the month



Spaghetti with Roasted Cherry Tomato Sauce and Basil

12 oz. spaghetti
1/4 cup minced fresh basil
1/4 cup crumbled goat cheese
1/4 cup sliced pitted black olives

Roasted Cherry Tomato Sauce

INGREDIENTS:

- 4 cups cherry tomatoes, halved (about 1 lb/500 g)
- 4 cloves garlic, sliced
- 3 tbsp extra-virgin olive oil
- 1 tbsp balsamic vinegar
- 2 tsp minced fresh rosemary
- 1/2 tsp salt
- Pinch hot pepper flakes

Makes 4 servings.

Nutritional Info

1 Serving	
Protein:	14 grams
Fat:	15 grams
Carbohydrates:	72 grams
Fibre:	6 grams
Calories:	474

Election night wardrobe

During Tuesday's night election Michelle Obama wore a striking red-and-black dress designed by Narciso Rodriguez. Meanwhile, president-elect Barack Obama wore a Hart Schaffner Marx dark-navy suit. **METRO NEWS SERVICES**

13

Style



Fashion maven Ford's directing debut

Ginnifer Goodwin and Nicholas Hoult are about to make fashion designer Tom Ford less of "A Single Man." The pair join Colin Firth, Julianne Moore and Matthew Goode in Ford's directorial debut, an adaptation of Christopher Isherwood's 1964 novel. Goodwin is Mrs. Strunk, a suburban mom who doesn't share her husband's dislike of their neighbor, a gay professor (Firth). Hoult will play Kenny, a sexually ambiguous grad student who shows an unusual interest in the professor.

REUTERS

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Home on the range

New Australia film inspires a ranch-style wardrobe

ANN-MARIE COLACINO/METRO CANADA



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Bette MacDonald is bringing her holiday comedy show back to the Rebecca Cohn Auditorium on Monday, Dec. 15. Titled 'Tis The Season 2, MacDonald will be joined by her husband Maynard Morrison and musician Ralph Dillon. Tickets are \$35 and available by calling 494-3820. **METRO HALIFAX**

Entertainment

Teron thriller

Charlize Theron is in talks to join Tom Cruise in the remake of cult 2005 French thriller *Anthony Zimmer*. Theron would play a female agent on the hunt for an elusive wanted man. IMDB.COM



Myles ready for anything at this year's Music NS Awards

PHILIP CROUCHER
philip.croucher@metronews.ca

AWARDS David Myles knows he sounds like a broken record for saying it, but his two wins at the Music Nova Scotia Gala Awards Show last year came as a complete shock to him.

Well, there's no blindsiding him this time around.

"I didn't dress for the occasion because I didn't expect to be on stage," he said of the 2007 awards show in Liverpool. "Now I go into these things just ready for anything. I was David Myles thankful last year and if I win a couple this year it would be wicked, but you never know."

He'll need to be ready to win as Myles, along with Old Man Luedcke, lead the pack with five nominations each for the awards gala taking place Sunday at the John Brother MacDonald Stadium in New



"We are kind of big supporters of each other's career so it's very ironic we have the same five nominations," said Myles, a Halifax resident.

"I mean, we roomed at this thing together last year. We go to these events together because we're such close friends, and now we're both nominated in all the same categories. It's pretty hilarious."

Sunday's award show wraps up the four-day Nova Scotia Music Week in Pictou County.

Other events include a songwriters circle on Saturday night and an awards brunch on Sunday.

Glasgow at 8 p.m.

Myles and Luedcke, who are very close friends, are each nominated in the same categories: Male artist of the year, SOCAN songwriter of the year, Aliant entertainer of the year, album of the year and folk recording of the year.



Country singer George Canyon will host the Music Nova Scotia Awards gala in Pictou County this Sunday night.

Canyon ready to roll

PHILIP CROUCHER
philip.croucher@metronews.ca

Most people know George Canyon's talents on stage as a singer.

But as host of a music awards show — now, that is less familiar territory.

"I'm hoping they have a good TelePrompTer because if they don't I'll start rambling on and it will be a six hour show," laughed the country singing star, who is coming home to host the Music Nova Scotia Gala Awards Show on Sunday night in New Glasgow.

"But any time I get asked to host things like this I tell them, 'You're going to get who I am. I can't be somebody I'm not. Be prepared. Prepare yourself.'"

All kidding aside, Canyon is honoured to host the gala, which will take place at the John Brother MacDonald Stadium at 8 p.m.

Canyon, who hosted the

East Coast Music Awards in Sydney in 2005, was born and raised in Westville, Pictou County and has family and friends still living in the region.

The next several days are big for Canyon, who now resides in Calgary. On Tuesday, his new album, *What I Do*, makes its way to store shelves.

Canyon calls the 13-track album which he co-wrote most of the songs for "by far and way above anything I've ever been involved in."

The album was produced by singer-songwriter Richard Marx and features Nickelback frontman Chad Kroeger as co-writer of the song *Second Chance*.

"It was just an amazing experience," said the 40-year-old Canyon. "This guy (Marx) is miles above anything I'll ever have for talent."

Canyon does have some mixed emotions about his album's release as it falls

"I'm hoping they have a good TelePrompTer because if they don't I'll start rambling on..."

George Canyon

on Remembrance Day, a decision made by his record company Universal Music Canada to pay homage to fallen Canadian soldiers.

Last January, Canyon was made a honorary colonel for 14 Wing Greenwood and is spending Tuesday at the Canadian Forces Base to attend Remembrance Day events.

"It's a somber day, but at the same time, it's an exciting day," Canyon said of his album coming out on Remembrance Day.

"I'm kind of torn, but am definitely looking forward to (Tuesday's events)."

Music Nova Scotia Multiple nominees

- **FIVE:** David Myles and Old Man Luedcke.
- **FOUR:** The Tom Fun Orchestra.
- **THREE:** Wintersleep, Christina Martin, Chad Hatcher, Tomcat Combat and Jon McKiel.
- **TWO:** Dave Gunning, Rich Aucoin, Laura Peek, Ryan Cook, Jeanne (Doucet) Currie, Bette and Wallet, Ronald Bourgeois, Thom Swift, Daniel Ledwell, Don Brownrigg, Shelter With Thieves, The Ernst Family, Dave Carroll, SouthWind, Steven Bowers, The Contact, and Shobha.
- The Music Nova Scotia Awards ceremony takes place Sunday in New Glasgow at the John Brother MacDonald Stadium.
- For a complete list of nominees and more information on the show, go to musicnovascotia.ca/nsmw.

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In brief

ART The Veith Street Gallery is holding an opening reception tonight from 6 p.m. to 8 p.m. for the work *CSE 6X6*, which will be on display for the next year. The project by Creative Spirit East is a collaborative work that has 36 four-foot-square pieces of artwork on it.

TALK An artist talk with Halifax's Margot Metcalfe is taking place tonight at 6:30 p.m. at the new Atlantic School of Theology Art Gallery. Metcalfe is discussing her exhibition *Arbores*, a collection of recent photographs, on display until Nov. 22. **METRO HALIFAX**

Brand of Pirates

Russell Brand is reportedly in talks to join the fourth Pirates Of The Caribbean movie. IMDB.COM

entertainment 15

Farewell to Frank

NewsAnalysis

Scott Taylor



Editor of *Esprit de Corps*

The sudden announcement last week that Frank had permanently expired hit me like the death of a close friend, or at least the passing of an old family pet. As Canada's only national satirical publication, Frank magazine has been a guilty pleasure for news junkies since 1989. It was at that juncture that Micheal Bate came on board as senior editor, to expand what had begun as a local Halifax lampoon digest into a full blown mockery machine aimed directly at the Canadian social elite.

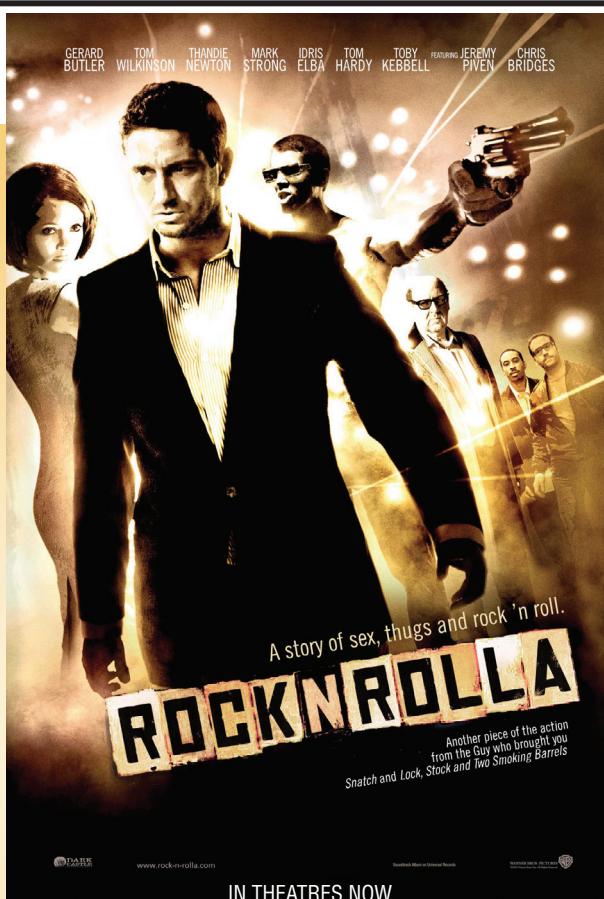
Frank made no pretension to comfort the afflicted, and they didn't just afflict the comfortable, they essentially tore them a new one at every opportunity. During its 19 years in publi-

cation, it was undoubtedly the most powerful media outlet on Parliament Hill. No one in officialdom ever admitted to reading Frank, and the damning revelations unearthed in its pages were contemptuously dismissed by those targeted as being yellow journalism, half truths, and slanderous innuendo. Nevertheless, government researchers and executive assistants were dispatched surreptitiously every second Tuesday to newsstands.

The Frank team was only staffed by a couple of writers, but their sources extended far and wide. Many members of the Press Gallery knew they could float rumours in Frank, protect their sources, and then use Access to Information to acquire the official briefing notes prepared in response to the original article. The fact that Frank served as a conduit for whistleblowers inside the Public Service, and hence as a beacon for mainstream media outlets to uncover potential scandals was reason enough for the ruling elite to fear its existence.

Scott Taylor is the Ottawa-based publisher/editor of *Esprit de Corps*, a columnist, and author of six best-sellers including *Among the 'Others': The Forgotten Turkmen of Iraq*.

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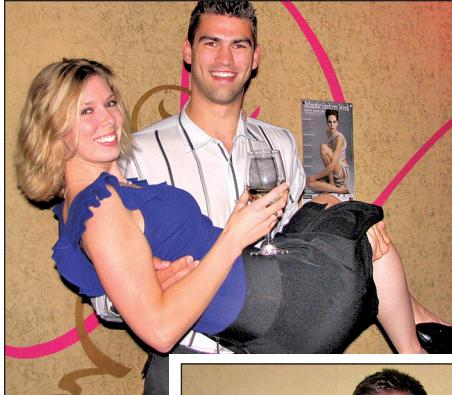
Bend it like the dead

Bend It Like Beckham director Gurinder Chadha is working on a horror comedy for her next film, called It's a Wonderful Afterlife. She says the new project is a cross between My Big Fat Greek Wedding and Shaun of the Dead. ANANOVA.COM



Above: Kate Dinning, left, Sarah Wanono, and Jenna Fearnley celebrate Halloween in the downtown core.

Right: Cathy Mollon, left, Beatrice Croxen, and Allana MacLean all set for a big night of Halloween mischief.



Left: Picking up chicks? City Model Matt Terauds with Tasha Reagh at Taboo.



Right: City Models Tracey Lynn, left, Josh Webb, and Dominique Babin-Muisse at Taboo for the kickoff of Atlantic Fashion Week.



Left: Miss Nova Scotia World, Megan Edwards, left, and Laura Chedrawe will both be going to Toronto in March for Miss World Canada.

Right: Deon Brangman and Sisley He celebrate Atlantic Fashion Week at Taboo.



Fashionable clothes and Halloween threads

HalifaxScene

Jamie Paterson



What a week! The week started out hanging out with some of the most beautiful women in metro as Atlantic Fashion Week kicked off Wednesday at Taboo Nightclub, next to Cheers.

It was the chance to meet with the designers, organizers and models who aimed to prove that Canadian fashion includes more than just Toronto and Montreal.

Designers show off their fresh new styles for the upcoming season. The plan is to hold Fashion Week twice a year to showcase fall/winter collections and spring/summer designs.

The week ended with the Black and White Masquerade Ball at the Cunard Centre featuring fashions from Vogue, Winchesters and Mills Brothers. Hats off to City Models for creating this platform for local designers to show their collections.

Wednesday was also the night the career of Dr. Bill

Stanish was ... um, celebrated. The orthopedic surgeon was roasted for his decades of setting broken bones and his exemplary care in the health system.

Proceeds from the evening went to the Arthritis Society and Nova Scotia Sport Hall of Fame, two organizations that he has a very strong passion for. Dr. Stanish has fixed both famous athletes and everyday folks, making Nova Scotia a healthier place to live. Good on him for being such a sport.

Friday night, the "perfect storm" hit Metro when all three elements (weather, weekend, and werewolves) came together. The weather was clear and cool, and everyone was primed to party!

Dressed in a spiffy John Lennon costume from Glow Parties, I started the night "crashing crypts" and delivering pizzas to Kool FM listeners.

After enjoying the hospitality at a few of Metro's best house parties, it was off to the freak show that was the downtown core. The center of Halifax had transformed! The only outsiders were the very few who had ventured out without costumes.

The WTCC played home to a Halloween bash sponsored by Z103, while across the street The

Bounce was broadcasting live from The Dome. Just about every watering hole was lined up with people in costume wanting in to party until the wee hours.

After a brief political debate at Boomers with Spongebob and Dracula, I headed down to "Pizza Corner" where I saw no less than two Sarah Palins get into a cab ... with Bill Clinton!

After a recovery day, it was off to the ultimate sugar rush and the sixth annual Pinch of Love: A Chocolate Affair at the Westin Nova Scotia.

The all-chocolate buffet featured creations from local chefs and students from the Nova Scotia Community College culinary program.

The afternoon was a benefit for the Northwood Foundation and also featured a chocolate competition. Congratulations to Jean-Pierre Gallois from Gourmandises Avenue Patisserie Fine who came in first.

The afternoon also featured a chance to win a trip for two to the chocolate capital of the world, Switzerland. Thanks to Bill Carr and Shauna MacKinnon for hosting such a tasty event.

When he's not making the scene, Jamie Paterson hosts The Drive and The Beatlebrunch on Kool FM in Halifax



Above: KOOL FM's Dwight Juan holding Halloween birthday girl Amber Nash.



Above: Freedom-Kai Phillips and Julie van der Hoop at Boomers Lounge.



Above: Suzanne Walsh and C100's Zach Bedford caught between Halloween parties.

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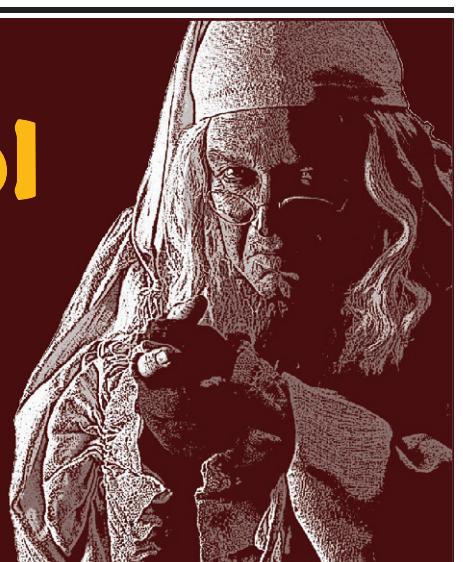
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Blonsky guests on *Ugly Betty*

Hairspray star Nikki Blonsky has been handed an early 20th birthday treat — a starring guest role on the hit TV show *Ugly Betty*. The actress, who turns 20 this weekend, will play a fashion magazine assistant who befriends the show's title character. [IMDB.COM](#)



entertainment 17

The satirical-industrial complex loves Obama

IntelleVision



rick.mcginnis@metronews.ca

YOU DON'T SAY: "Ellen DeGeneres and Joy Behar aren't going to swing the election," writes Howard Kurtz in the Washington Post, to which most of us will mutter a silent prayer of thanks. "But in an age when candidates have to sell themselves as personalities, not just policymakers, the climate has been far more hospitable for Obama."

Even if you were completely "in the tank" for U.S. president-elect Barack Obama it would be hard to deny either half of Kurtz's verdict: that "soft news" and entertainment shows have become as important (if not more important) than hard news programs in the election cycle, and that they were, almost without exception, unashamed of their obvious bias toward the Democratic candidate.

This observation has been a staple of discussions in the world of blogs and online media, but you can't help but wonder why the Post's influential media columnist waited until the day before the election to fess up and agree. "Ellen DeGeneres, David Letterman and panelists on *The View* all confronted McCain," wrote Kurtz, "while Obama has basically joked and danced his way through such appearances ... If anyone doubts there is a liberal entertainment establishment, it has been vividly on display."

Obama ceased to be an

underdog candidate months ago, and now that he's on his way to the White House, shouldn't the satirists and "speak truth to power" professionals be recalibrating their sights and prepping the new target. Well, maybe.

"The media is kind of madly in love with Obama," Saturday Night Live writer James Downey is quoted as saying in a Salon.com piece.

Some members of the "satirical-industrial complex" — as it was dubbed by Jon Stewart — might secretly have been hoping for a McCain victory, and Durst admitted that Sarah Palin was regarded as "methadone" for comics and writers about to be deprived of material with the end of the Bush presidency. With Tina Fey hanging up her red power suit and bouffant wig, writes Salon, "an Obama era almost certainly promises to be less funny," a deficit that probably indicates a lack of will as material.

Rick McGinnis writes about music, movies, books and television.

MusicReviews

music@metronews.ca

Eagles of Death Metal

Album: Heart On
Label: MapleMusic/Universal
Rating:



WHAT STARTED OFF AS A SIDE project for Queens of the Stone Age frontman Josh Homme has quickly become a rock music force in its own right. The group, which features Homme on drums and childhood friend Jesse Hughes on vocals, has always been about one thing: women.

On their latest, the duo once again plays up their love of everything sex and girls, but while it might be offensive to some, it's mostly just fun. Throw in fuzzed-out blues guitars, pounding beats and infectious vocals and you have yourself a must-listen record.

Bryan Borzykowski/for Metro Canada



Heart On is the new album from Eagles of Death Metal.

The Cure

Album: 4:13
Label: Geffen/Universal
Rating:



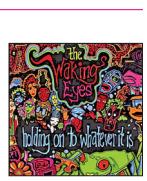
THE CURE'S PROPENSITY for dark, brooding tunes isn't as immediately apparent on this disc. The record is filled with soaring pop choruses, slick, layered instrumentation and generally upbeat sounding vocals, making this more of a straight-up rock record

than a classic Cure release. However, it is a solid effort that easily competes with the young upstarts that have ripped off the band's sound. A great addition to their robust oeuvre.

Bryan Borzykowski/for Metro Canada

The Waking Eyes

Album: Holding On To Whatever It Is
Label: Warner
Rating:



THESE WIN- NIPEG POP rockers got a lot of hype four years ago when

they were starting out, but we haven't heard much since. The lead single, All Empires Fall, sets a sound direction in guitar rock that will probably get them back on the radio, as will the utterly danceable Clap Clap. The band has a tad too much fun, however, planting unabashed nods among the tracks to favourite bands from the past like The Payolas, Queen and 10CC. Waking Eyes should be spending a

little more time charting its own course.

Graham Rockingham/for Metro Canada

Suzie McNeil

Album: Rock-n-Roller
Label: Universal
Rating:



THIS SHOULD BE the kind of music that never goes out of style.

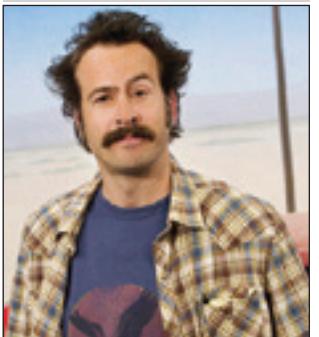
Power rock with a beautiful blonde hitting all the right notes while teetering on a pair of heels that look like knitting needles. It worked for Sheryl Crow and Amanda Marshall. But it only works if you have something new and special to offer. Otherwise it just comes off as old, tired and cliched. So what do we get from Suzie? Party invitations and reminders that our dreams can move mountains. It all sounds so sterile ... so L.A. It belongs in a fern bar. And we're going to get really sick of that song Believe by the time the Olympics roll around.

Graham Rockingham/for Metro Canada

critics' corner

My Name Is Earl

Time for a reshuffling of Earl's (Jason Lee) list. One particular item becomes a matter of life and death and jumps to the top when a mysterious man moves next door to Earl and Randy (Ethan Suplee). Joy (Jaime Pressly) has her eyes on a prize — a monetary award in a science fair — in the new episode "Sold a Guy a Lemon Car." 9 PM on NBC



The Nature of Things

This installment of the new four-part series "The Adventurers" follows Egyptologist Tony Mills to the Dakleh Oasis Project — site of half a million years of uninterrupted human habitation. It's a rare treasure chest for archaeologists, with everything from ancient Egyptian temples and tombs to Roman fortresses and Coptic churches. 8 PM on CBC

Detective Murdoch Mysteries

Detective William Murdoch (Peter Outerbridge) investigates the murder of a back-alley Toronto abortionist in "Under the Dragon's Tail," the third in a series of Victorian mysteries based on Maureen Jennings' novels. He has plenty of possible suspects, as the victim kept records of all her clients, who all had a reason to want her silenced forever. When the woman's young ward turns up dead, though, Murdoch suspects he may have two killers on his hands. 10 PM on BRVO

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/6/08				31 31 31 ABC	News (N)	ABC Wld News	Inside Edition	Chronicle	Ugly Betty "Crush'd" (N)	Grey's Anatomy (N)	Life on Mars	
				7 7 7 ASN	The Road to Avonlea	Robson Arms	TMZ (N)	Hole in the Wall		America's Next Top Model	Eleventh Hour	
				11 11 11 CBC	Coronation St.	Jeopardy! (N)	The Nature of Things (N)	Doc Zone (HDTV) (N)		CBC News: The National	The Hour	
				2 2 2 CBC-F	Terre humaine	Pyramide (SC)	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)	Grosse vie (N)	C.A. (N) (SC)	Le Téléjournal
				32 32 32 CBS	News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Gabon (N)	CSI: Crime Scene Invstgtn.	Eleventh Hour	
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				36 36 36 FOX	Deal-No Deal	The Simpsons	Two/Half Men	Kitchen Nightmares (N)	Kitchen Nightmares (N)			
				12 12 12 NBC	News (N)	NBC News	Hollywood	Extra (N)	Name Is Earl	Kath & Kim (N)	The Office (N)	Fox First
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				18 18 18 CNN	(5) The Situation Room	Lou Dobbs Tonight	Campbell Brown: No Bias	Campbell Brown: No Bias	Larry King Live		Cooper 360	
				54 54 54 GOLF	PGA Tour Golf	Post Game	PGA Tour Golf	Children's Miracle Network Classic -- First Round.				Golf Central
				52 52 52 RSE	UEFA Cup Soccer	Overtime	NHL Hockey	Philadelphia Flyers at Ottawa Senators. (HDTV) (Live)				Sportsnet Con.
				55 55 55 SCOR	Hockey Talk	Game On	Score on NFL	College Football	Maryland at Virginia Tech. (Live)			
				45 45 45 SPD	Unique Whips	Pinks	Pass Time	Pinks -- All Out	Pinks -- All Out (HDTV)			Wrecked (N)
				53 53 53 TSN	Off the Record	SportsCentre	That's Hockey!	NFL Films	NFL Football	Denver Broncos at Cleveland Browns. (HDTV) (Live)		
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				26 26 26 TREE	Max & Ruby	Backyardigans	Ni Hao, Kai-lan	Nght Grdn	Toot & Puddle	Franklin	Little Bear	Maggie-Beast
				27 27 27 YTV	Drake & Josh	iCarly	H2O, Just Add Prank Patrol	Malcolm-Mid.	Sabrina-Witch	Futurama	Prank Patrol	Mystery Hnt.
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				50 50 50 BET	106 & Park: BET's Top 10 Live (Live)	Black Carpet		Waist Deep *	(2006, Action) Tyrese Gibson, Larenz Tate.		Gangster	
				37 37 37 BRVO	Street Legal "Softsell"	Desperate Housewives	Camera	In the Mind ...	Detective Murdoch Mysteries			
				60 97 97 CLT	Mysterious Ways	Judging Amy	Commander In Chief		The West Wing "Liftoff"			Passion
				25 25 25 CMT	Taylor Swift	The Wreckers	Tara Diaries	The Wilkinsons	Home Improve.	Reba	Reba	Hope & Faith
				49 49 49 COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	VIP
				153 153 153COURT	Truth, Duty, Valour	The Investigators	Cops Uncut	Dumb Criminal	Navy SEALs			Investigators
				38 38 38 DISC	How It's Made	How It's Made	Daily Planet (N)	MythBusters (Part 1 of 2)	MythBusters (Part 2 of 2)			MythBusters
				34 48 48 HGTV	Holmes on Homes	House Hunters	Property Virgin	Holmes on Homes	The Fix	Disaster DIY		Home to Flip
				46 46 46 HIST	Exploring Hitler's Mountain	NCIS "The Bone Yard"	Lost Worlds Kama Sutra.		Exploring Hitler's Mountain			NCIS
				17 17 17 MM	Pimp My Ride	disBand	Greek	Video on Trial	Hot & Wet 2008			Greek
				19 19 19 MMM	MusicProfile	mmmtop10.com	Back In	MuchMoreMusic Live	Listed			Gene Simmons
				201 201 201 M1	(6:40) Are We Done Yet?		(8:15) 'Til Lies Do Us Part (2007, Drama), Paula Trickey		Rails & Ties *** (2007, Drama)			
				48 23 23 OLN	The Amazing Race 4	Ed's Up	Videos	Commando: On the Front Line	Survivorman			



Celebrity Buzz

HELLO! Hot shot of the week



eTalk and Canadian Idol host Ben Mulroney, 32, marries stylist Jessica Brownstein, 29, in an Oct. 30 ceremony at Montreal's St. Patrick's Basilica. Mulroney had harboured a secret crush on Brownstein for 10 years and finally plucked up courage to ask her out 18 months ago. He says his blueprint for marriage was supplied by his parents, former prime minister Brian Mulroney and wife Mila, above. "They rallied around each other and made each other stronger," he tells HELLO! Canada, which covered the wedding exclusively.

HELLO! CANADA magazine, now available on newsstands – read more at hellogazine.ca

Emma Watson's got drama in life

DATING Harry Potter star Emma Watson is dating a drama student, according to reports.

The 18-year-old actress is said to have met Angus Willoughby, 19, while studying at the Royal Academy of Dramatic Arts in London, imdb.com reports. The pair is now said to be planning a trip to Willoughby's hometown of Perth, Australia, according to the Daily Telegraph.

Watson was previously linked to another drama student.

METRO NEWS SERVICES

Hathaway's new man named

DATING The identity of Anne Hathaway's new boyfriend has been revealed — he's actor Adam Shulman, imdb.com reports.

The 26-year-old actress last month said she had found love again, five months after splitting from her jailed boyfriend of four years, Raffaello Follieri.

She refused to reveal his name, but the new couple have been caught together enjoying a break in New Orleans, where Hathaway is pro-

moting her new movie *Rachel Getting Married*.

Shulman, 27, the former star of the TV series *American Dreams*, confessed to *Life + Style* magazine, "We met through mutual friends," he said.

METRO NEWS SERVICES



Jolie just a punk kid at heart

LIFE Knives, bisexual romances, tattoos. Despite being a mother of six, Angelina Jolie says her rebellious past still remains a part of who she is, usmagazine.com reports.

"I don't walk around feeling I need

to apologize or explain myself," the 33-year-old actress tells December's *Harper's Bazaar*. "I am still, at heart — and always will be — just a punk kid with tattoos."

METRO NEWS SERVICES

THIS WEEKEND:
FRI. 10-9
SAT. 10-9
SUN. 10-5

HALIFAX FORUM COMPLEX

2-for-1
Admission
Sat. after 5pm



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Trip for Two to

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Island
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Harry Potter star Daniel Radcliffe is enjoying his run in Broadway play *EQUUS* — because he can go unrecognized in the busy New York streets. IMDB.COM

Posh, Becks wear 'magic' necklaces

JEWELRY Victoria and David Beckham have given each other "magic" necklaces, femalefirst.co.uk reports.

The couple believe the mystical jewelry will keep them safe.

"The energy they emit is incredibly powerful. These pieces act as talismans of love, healing and protection," Victoria reportedly said.

The Japanese gold and silver necklaces are gifts to each other to celebrate their 10th wedding anniversary in July next year.

METRO
NEWS
SERVICES

GETTY IMAGES

Nip/tuck for Moore? Maybe

SURGERY Julianne Moore would consider having plastic surgery, femalefirst.co.uk reports.

The actress insists she would not rule out having a nip and tuck operation when she is older.

"I never say never," she says.

However, Moore voiced her concerns about celebrities who take cosmetic procedures to the extreme, likening it to the ancient Chinese ritual of foot-binding.

"At what point did they decide that small feet were more beautiful? People started making them smaller and smaller until they were stumps and not beautiful at all," Moore told *Tatler* magazine.

"I feel we have decided that being expressionless and young looking is the most beautiful thing and, in pursuit of that, it becomes more and more exaggerated and totally obliterates what we look like."

METRO NEWS SERVICES



Next wedding will be the last, Simpson says

RELATIONSHIPS With her relationship with football player Tony Romo approaching the one-year mark, Jessica Simpson is gaining some perspective on her life and loves, people.com reports.

"I'd always fall for guys I wanted to save," the singer, 28, tells *Cosmopolitan* for its December issue (on sale Nov. 11). "For the first time, I fell in love with someone who saved me."

As for where the road with Romo, also 28, may take her, Simpson says, "I think any person who I'm going to date for longer than six months, I definitely am investing in something long term. If I get married again, then it will be the last time."

METRO NEWS SERVICES

No women for Simon

DATING American Idol judge Simon Cowell says he's "off women," femalefirst.co.uk reports.

Cowell has vowed to stay away from the opposite sex after splitting with girlfriend Terri Seymour after six years together.

"Don't worry about me. I don't need a lonely hearts advert," Cowell told

Britain's *Daily Mirror* newspaper.

"I'm off women now.

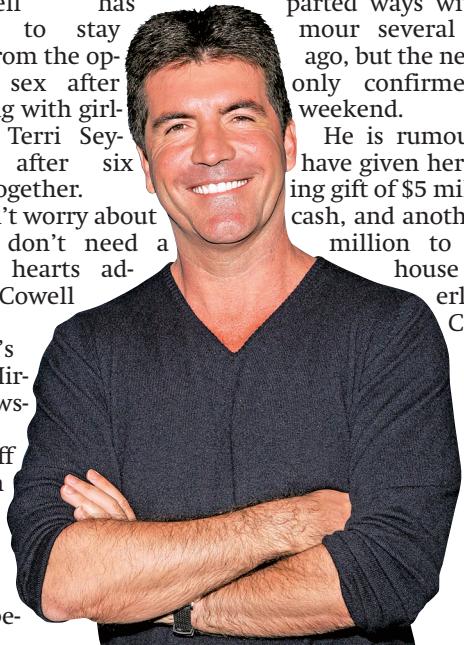
But everything's fine be-

tween me and Terri, we're still friends."

Cowell, who is worth an estimated \$200 million US, parted ways with Seymour several weeks ago, but the news was only confirmed last weekend.

He is rumoured to have given her a parting gift of \$5 million in cash, and another \$4.6 million to buy a house in Beverly Hills, Calif.

METRO NEWS SERVICES



Anderson loves being a trailer girl



ROUGHING IT Pamela Anderson has been forced to move into a

mobile home while her house is refurbished — and she loves her new abode, imdb.com reports.

Anderson and her two sons, Brandon, 12, and Dy-

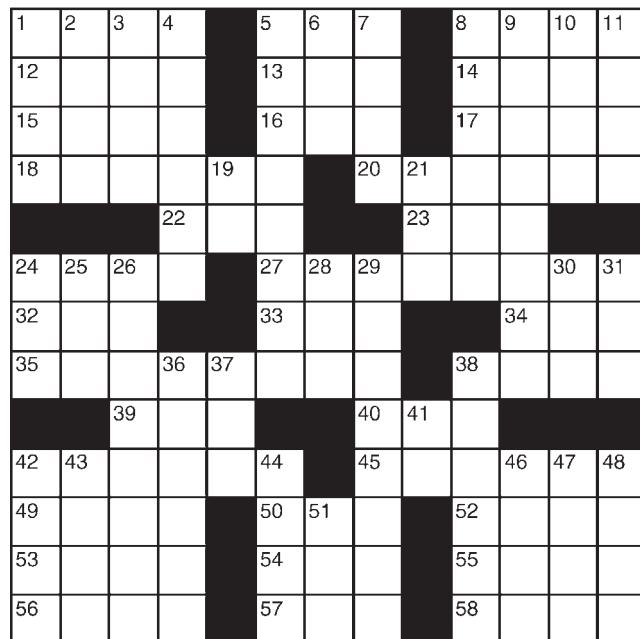
lan, 10, are living in a trailer while her California property is renovated. "It's small but chic and perfect for me and the kids" she says.

METRO NEWS SERVICES

Heads up, Ozzy

TIP Ozzy Osbourne's secret for staying married to Sharon Osbourne for 26 years: "Get a good crash helmet on my head," people.com reports. METRO NEWS SERVICES



Take Five**Crossword across**

1 Prospector's hope
 5 Tie up the phone
 8 Distort
 12 Eye layer
 13 Have bills
 14 Tower city
 15 Stationer's quantity
 16 "— the ramparts ..."
 17 "Meet Me — Louis"
 18 Like debts
 20 Thingie
 22 Pigs' digs
 23 Solidify
 24 Harbor structure
 27 Airy
 32 George's brother
 33 Exist

34 Heady quaff
 35 Bliss
 38 Sailors' hoosegow
 39 Listener
 40 "CSI" evidence
 42 Balance
 45 Sent packing, at a talent show
 49 Bakery buys
 50 2008 Texas hurricane
 52 "— want for Christmas"
 53 Caspian feeder
 54 Meadow
 55 Subject, usually
 56 Withered
 57 Pitch
 58 Competent

Crossword down

1 Mentor
 2 Microwave, e.g.
 3 Bound
 4 Grayish red
 5 Tire company
 6 Idolater's feeling
 7 Opera composer Alban
 8 Arachnophobe's worry
 9 Mad monarch of drama
 10 Being, to Brutus
 11 Power measure
 19 Tagged player
 21 Time of your life?
 24 Conk out
 25 Tulsa sch.
 26 1962 Peck movie remake

with De Niro in 1991
 28 Numerical prefix
 29 Millinery
 30 "The Greatest"
 31 Journey segment
 36 Big bother
 37 Raw rock
 38 Split need
 41 "Fuhgeddaboudit!"
 42 Comic strip penguin
 43 Pink-slip
 44 Pinball no-no
 46 Amorphous mass
 47 Hebrew month
 48 Eat in style
 51 Mauna —

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

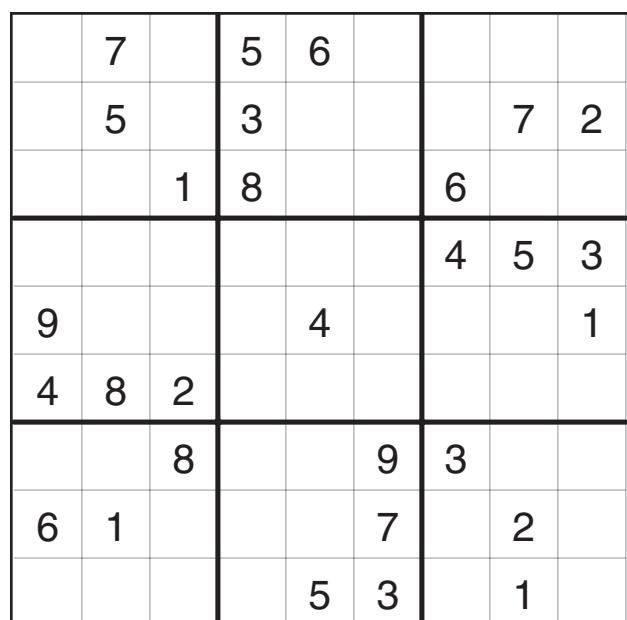
8	4	1	9	7	3	2	6	5
3	2	7	6	5	4	8	9	1
9	6	5	1	2	8	3	4	7
4	5	3	2	6	7	1	8	9
2	8	9	5	4	1	6	7	3
7	1	6	3	8	9	5	2	4
1	7	4	8	3	2	9	5	6
5	3	8	4	9	6	7	1	2
6	9	2	7	1	5	4	3	8

Find today's answers + play more games at metronews.ca**SUDOKU SOLVE TIME:**

Under 13 min Genius
 13-17 min Scholar
 17-21 min Smart
 21-25 min Not bad
 25+ min Keep practising

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

Find today's answers + play more games at metronews.ca**SUDOKU SOLVE TIME:**

Under 13 min Genius
 13-17 min Scholar
 17-21 min Smart
 21-25 min Not bad
 25+ min Keep practising

Horoscopes**ARIES****MARCH 21-APRIL 20**

Watch out for the tricks played by a friend. A childish quarrel is not your problem. Suspicious minds will disappoint you.

**TAURUS**
APRIL 21-MAY 21

Money will be found by searching. Make a quick escape from a miserable fool. The facts of life will cause people to flock around you.

**LIBRA****SEPT 23-OCT 23**

A kiss will change your mind about someone. You're amused by essential advice. Don't irritate anyone by telling the truth.

**SCORPIO**
OCT 24-NOV 22

Trust your instincts when an encounter baffles you. A cruel monster drives you wild with desire. Disapproval humiliates an insecure woman.

**GEMINI****MAY 22-JUNE 21**

An outrageous adventure can dispel anxiety. An old friend won't help if things aren't running properly. An obnoxious person gives in to oncoming love.

**SAGITTARIUS**
NOV 23-DEC 21

Get ready for an admirer's warped sense of humour. Bad manners won't be boring. Unexpected good cheer causes a reconciliation.

**CANCER****JUNE 22-JULY 22**

Someone's bad luck is not your fault. A scary episode concerns misuse of power. You'll get upset over a woman's lack of loyalty.

**CAPRICORN**
DEC 22-JAN 20

A mirthful loser has some plans. The boss expects more positive attention. Someone's creativity will give you a thrill.

**LEO****JULY 23-AUG 23**

Do a daring deed for a friend. A gossip session becomes unusual. Someone will be asked to leave.

**AQUARIUS**
JAN 21-FEB 18

A dynamic interaction strikes like lightning. Phenomenal good fortune is shared with you. Your tactfulness will have an amazing effect.

**VIRGO**
AUG 24-SEPT 22

This is no time to show up unannounced. Job stress will be noticeable. Make up your own mind about unmanageable feelings.

**PISCES**
FEB 19-MARCH 20

A gift arrives from a man who refuses to respect boundaries. A woman will try to catch up on lost sleep. You'll have unusual luck.

**WORDY GURDY**®

BY TRICKY RICKY KANE
 1. Not many sketched (1)
 2. Vended precious metal or medal (1)
 3. Crone's pennants (1)
 4. Those people's rocker or recliner (1)
 5. Little Big Horn General believer (2)
 6. Egyptian monument diminishes in size (1)
 7. "Jurassic Park" author Michael's Tennessee team (2)

ANSWERS
 1. CUSTER TROOPER 2. SOLD GOLD 3. HAGS FLAG 4. THEIR CHAIN
 5. CLOUDS 6. SPINX SHRINKS 7. CRICHTON'S TITAN
 8. 11-6-08

Healthy Link Chiropractic would like to welcome Lori Breakspear, B.Sc. RMT to the clinic.



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For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



32nd Season

Nova Scotia Youth Orchestra

Dinuk Wijeratne, Music Director

David Parker, Horn



"Old Pals" courtesy of Stephen Patterson

Saturday, November 8 at 7pm
Saturday, November 15 at 3pm
Sunday, November 16 at 7pm

Wolfville Baptist Church, Wolfville
First United Church, Truro
St. Andrew's United Church, Halifax

Wagner: Prelude to *Die Meistersinger von Nürnberg*
Mozart: Horn Concerto No. 4 in E flat major K. 495
Brahms: Symphony No. 2

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